

Language & Communication skills



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**Documentation related to Language and
Communication Skills**

(Dr. Pradeepa Gupta Roy)
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Communication and Media Arts

Organized by: Dept. of Journalism and Mass Communication

The course on “Communication and Media Arts” was conducted by the Dept. of Journalism and Mass Communication for the 1st and 2nd Semester students every year from 2019-2024. **Communication and Media Arts** is an interdisciplinary field that combines elements of communication theory, media production, and artistic expression. It focuses on how media and communication tools are used to create and deliver messages across various platforms and contexts.

Course content:

Principles of Communication: Understanding how messages are created, transmitted, and received.

Interpersonal and Mass Communication: Exploring how communication differs between one-on-one interactions and large-scale media.

Media Production:

Content Creation: Learning to create various types of content, including written articles, videos, audio recordings, and graphics.

Media Technologies: Gaining proficiency with tools and software used for media production, such as video editing programs, graphic design software, and audio recording equipment.

- **Production Techniques:** Mastering skills in shooting, editing, and producing media content for different platforms.

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List of students who undertook the course “Communication and Media Arts”

2023-24

Names of students

Soumyadeep Gain

Dipayan Saha

Vivek Koiri

Anita Rai

Ritwik Chowdhury

Sajal Banerjee

Prithiraj Ghosh

Mayna Roy

Writam ghosh

Pritha Chatterjee

Shubhadip Bhattacharjee

(Dr. Pradeepta Gupta Roy)

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Seminar Report

Topic: What is More Important to You: Managing Your Mind or Career?

Speaker: Sohini Chakraborty, Ambassador, Sri Sri University

Date: 3rd January 2024 Time: 11.00 am – 12.30pm Number of Participants: 100


Organized by: Students' Personality Development Committee, DDMC (Convenors: Dr. Jhumpa Mukherjee & Dr. Ritu Mukherjee)

The seminar held on January 3rd, 2024, at Dum Dum Motijheel College was an insightful session led by Sohini Chakraborty, an ambassador from Sri Sri University. The topic for discussion was one that resonates deeply in today's fast-paced world: *"What is more important to you: managing your mind or career?"* This event was extremely helpful in increasing **mindful communication and introspection capability** of the students which will of great use in future lives as well.

Introduction:

The speaker opened the session by acknowledging the growing demands and pressures of both professional and personal life, especially for students and educators. The central focus of her talk was on how managing one's mind can have a significant impact on career success and overall life satisfaction.

Key Discussion Points: The Power of the Mind: Miss Chakraborty emphasized the importance of mental well-being, highlighting how a peaceful and focused mind serves as the foundation for professional success. She discussed various techniques like mindfulness,


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meditation, and stress management as essential tools for maintaining mental health.

Career Success and Mind Management: The speaker made a compelling argument that while career ambitions are important, they are best achieved when balanced with mental clarity and emotional stability. She pointed out that a successful career often demands effective decision-making, resilience, and creativity, all of which stem from a well-managed mind.

Conclusion

The seminar concluded with the speaker reiterating the idea that managing one's mind is not separate from building a successful career. Instead, the two are deeply intertwined. She left the audience with a powerful message: "A well-managed mind is the key to unlocking your full potential, both in your career and in life." This event was extremely helpful in increasing mindful communication and introspection capability of the students which will of great use in future lives as well.

The event was well-received by both teachers and students, leaving everyone with valuable takeaways on the importance of mental health in achieving career goals. A feedback form was circulated for the audience and an overwhelming majority of the participants (86.7%) found the seminar to be extremely useful.

Acknowledgments: The organizers (SPD Committee, DDMC) extend their sincere gratitude to the college authority, IQAC, speakers, participants, and everyone involved in making this webinar a success.

Google Drive Link containing all the information:

https://drive.google.com/drive/folders/1YOzwOpXcjQ1QRC0Fdq_pII-MgbOGGkCsF?usp=sharing


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Flyer for the event

Students' Personality Development Committee & IQAC
Cordially invite all Teachers and Students for
ONE DAY SEMINAR ON
**"WHAT IS MORE IMPORTANT TO YOU?
MANAGING THE MIND OR THE CAREER?"**

 Wednesday
3rd January, 2024

 Time
11:15 - 12:30 pm

 Venue : G3

Speaker :
Sohini Chakrabarty
Ambassador
Sri Sri University




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Participant list of the Seminar

One day Seminar on "What is more important to you? Managing the mind or the career?"
 Students' Personality Development Committee & IQAC, Dum Dum Motijheel College,
 Date- 03/01/2024; Time- 11.15 am; VENUE: G3 Seminar Room

Serial no.	Name	Student/ Faculty	Signature with Date
1.	PRANTIK GHOSH	FACULTY	[Signature] 01/01/24
2.	SAPARAJANI HANSDA	FACULTY	[Signature] 03/01/24
3.	ARUNDHATI RAI	FACULTY	[Signature] 03/01/24
4.	Md Shahbaz Anwar	S	[Signature]
5.	Pavitra Kumari Mishra	FACULTY	[Signature]
6.	Apurba Kumar Nayak	"	[Signature]
7.	Debjani Ray	"	[Signature] 3.1.24
8.	Anvita Roy Choudhary	"	[Signature] 3.1.24
9.	Anurupa Bhattacharya	"	[Signature] 03/01/24
10.	Panamita Sen	"	[Signature] 03/01/24
11.	Sella Sultana	"	[Signature] 03/01/24
12.	Harshita Patra	"	[Signature] 03/01/24
13.	SHAMPA BASU	"	[Signature] 03/01/24
14.	Pohy Roy	"	[Signature] 03/01/24
15.	Rishi Mukherjee	"	[Signature] 3.1.24
16.	Chitra Bhattacharya	"	[Signature] 03/01/24
17.	Souham Mondal	"	[Signature] 03/01/24
18.	Sayanant Das	"	[Signature] 03/01/24
19.	Lakshman Das	FACULTY	[Signature] 03/01/24
20.	Harini Dasgupta	FACULTY	[Signature] 03/01/24
21.	Srinivas Mondal	FACULTY	[Signature] 03/01/2024
22.	Sankar Das	STUDENT	[Signature]
23.	Rohan Das	STUDENT	[Signature]
24.	Falguni Mondal	STUDENT	[Signature]
25.	Prityanka Nayak	STUDENT	[Signature]


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26.	Mahuya Patra (Roj)	Faculty	3/1/24
27.	Ratna Mukherjee	Faculty	R. Mukherjee 3/1/24
28.	Sumana Sankar	Faculty	S. Sankar 03-01-2024
29.	Biswajit Sengupta	Faculty	Biswajit 3.1.2024
30.	Mayankar Ghosh	Faculty	3.1.2024
31.	Debasini Ghosh	Faculty	De 03/01/2024
32.	Shila Mandal	Faculty	Sh 3/01/2024
33.	Sarvani Sankar	Faculty	S. Sankar 03/01/2024
34.	Rajinikanth	Faculty	Raj 03/01/24
35.	Roshini Adhikary	Faculty	Rd 3/1/24
36.	Mimi Bhattacharya	Faculty	Mm 3/1/24
37.	Prakash Ch. Saha	"	Pr 3.1.24
38.	Harekanta	Faculty	H 3.1.24
39.	Debasmita Sanyal	Faculty	D 3.1.24
40.	Ananta Das Halder	Faculty	A 3/1/24
41.	Souradip Sanyal	Chemistry dep. student	Souradip Sanyal 3/1/24
42.	Ananta Patra	Chemistry dep. (student)	Ananta Patra 3/1/24
43.	Barna Dutta	JORA Dept. (Student)	Barna Dutta 3/1/24
44.	Sannidha Ghoshly	JORA Dept. (Student)	Sannidha Ghoshly 03/01/2024
45.	Debita Dutta	JORA Dept. (Student)	Debita Dutta 3/1/24
46.	Sreejit Dutta	JORA Dept.	Sreejit Dutta 03/01/2024
47.	Ritorn Ghoshly	JORA Dept. (Student)	Ritorn Ghoshly 03/01/24
48.	Indranil Bhattacharya	BA (General Studies)	I. Bhattacharya 03/01/24
49.	Rupali Aich	JORA Dept. (Student)	Rupali Aich 03/01/24
50.	Bijaya Kumar	JORA Dept. (Student)	Bijaya Kumar 03/01/24
51.	Banasha Deb Nath	JORA Dept. (Student)	Banasha Deb Nath 3/1/24


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52	SWATI GHOSH	FACULTY	31.1.24
53	Anindita Mondal	Student (BBA)	Anindita 31.1.24
54	Nandini Boddar	Student (BBA)	Nandini Boddar 31.1.24
55	Kabita Samal	Student (BBA)	Kabita Samal 31.1.24
56	Tuba Mondal	Student (HMS)	Tuba Mondal 31.1.24
57	Srijaya Pandit	Student (HMS)	Srijaya Pandit 31.1.24
58	Hritam Ghosh	Student (HMS)	Hritam Ghosh 31.1.24
59	Nitadru Gupta	Student (BBA)	Nitadru Gupta 31.1.24
60	Tithi Chatterjee	Student (BBA)	Tithi Chatterjee 31.1.24
61	Nafisa Sultana	Student (BBA)	Nafisa Sultana
62	Shriya Mondal	Student (BBA)	Shriya Mondal
63	Nipati Chakraborty	Student (BBA)	Nipati
64	Sharmistha Sanyal	Student (BBA)	Sharmistha
65	Tushar Saha	Student (MBA)	Tushar Saha
66	M.S. Sanyal	Student (BBA)	M.S. Sanyal
67	Ankita Nag	Student (MBA)	Ankita Nag
68	Swarnendu Chatterjee	Student (MBA)	Swarnendu Chatterjee
69	Srijan Roy	Student (MBA)	Srijan Roy
70	Sayan Chakraborty	Student (MBA)	Sayan Chakraborty
71	Soumyajit Roy	Student (MBA)	Soumyajit Roy
72	Pritham Das	Student (BBA)	Pritham Das
73	Debarana Das	Student (MBA)	Debarana Das
74	Tithi Chatterjee	Student (MBA)	Tithi Chatterjee
75	Aditya Nag	Student (MBA)	Aditya Nag
76	Arshi Mondal	Student (BBA)	Arshi Mondal
77	Shreyo Chakraborty	Student (BBA)	Shreyo Chakraborty
78	Anusag Ghosh	Student (MBA)	Anusag Ghosh
79	Labani Paul	Student (MBA)	Labani Paul

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80) Sujati Satta	Student (MCBA)	Sujati Satta
81) Shilpa Hore	Student (PLS A)	Shilpa Hore 3/1/24
82) Anita Rai	Student (ENGA)	Anita 3/1/24
83) Tanisha Das	Student (ENGA)	Tanisha 03/01/24
84) Joyita Dutta	Student (ZCOA)	Joyita Dutta 03.01.24
85) Tipasa Bhargava	Student (JORA)	03.01.24
86) Tijoba Debnath	Student (JORA)	03/01/24
87) Loharalo Sarkar	Student (BATA)	03/01/24
88) Shobha Majumdar	Student (BATA)	03/01/24
89) Palash Roy	Teacher	03/01/24
90) Rohan Biswas	Student (GEMA)	03/01/24
91) Rohit Kumar Pandey	Student (GEMA)	03/01/24
92) Abhishek Yadav	Student (GEMA)	03/01/24
93) Baidhyanath Majumdar	Student (GEMA)	03/01/24
94) Ashwini Kumar Das	Student (BECOA)	3/1/24
	Student (GEMA)	03/1/24
95) Prati Talukder	Student (ENGA)	3/1/24
96) Antan Ran Ghosh	Faculty (Zoology)	3/1/24
97) Kalyani Baskin	Faculty (B.Ed)	03/01/24
98) Suparna Mukherjee	Faculty (Pol.Sc)	03/01/24
99) Ganga Kishor Chatterjee	Faculty (P.Sc)	03/1/24
100) Kishor Kumar Roy	Faculty (Edu)	03/01/24


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Photographs



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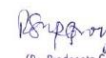
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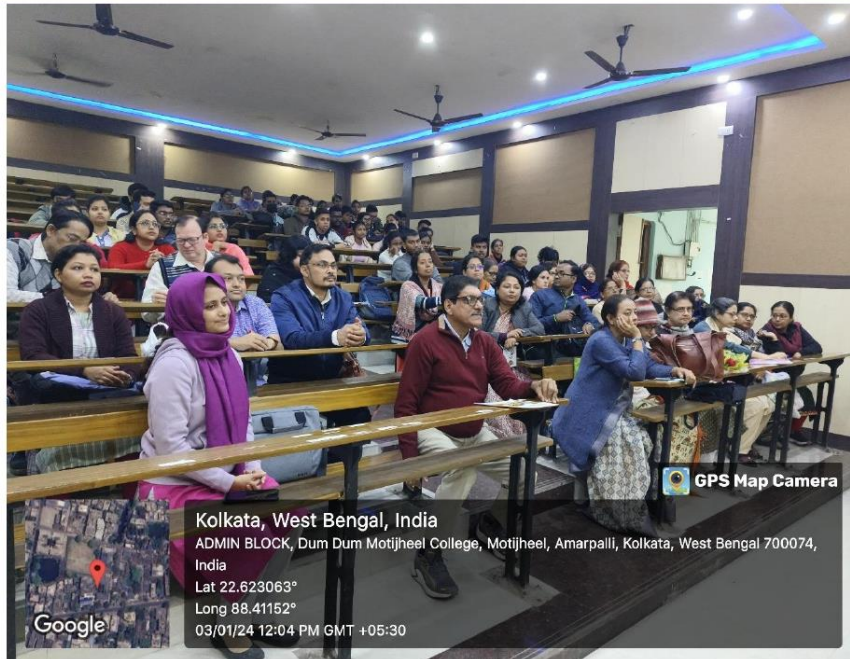


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
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